

Fall 10-2019

Virtual, Augmented and Mixed Reality, trendy gimmicks or essential resources in future medical libraries?

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Recommended Citation

Östlundh, L. (2019, October). Virtual, Augmented and Mixed Reality, trendy gimmicks or essential resources in future medical libraries? Presented at the 1st Middle East annual conference in Electronic Resources and Libraries, ER&L Middle East Chapter, Dubai, UAE.

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Virtual, Augmented and Mixed Reality

Trendy gimmicks or essential resources in future medical libraries?

Linda Östlundh

Director, the National Medical Library, UAEU



Image from Shutterstock

Content

- ❖ Trends and development of e-resources in medical libraries
- ❖ Basics, applications and benefits of VR, AR and MR in medicine and in medical education
- ❖ VR, AR and MR in medical libraries



Image from Microsoft HoloLens

Conflict of interest

All resources included in the presentation are for topic demonstration only. There is no financial interests between the presenter and any of the publishers or companies behind the products included in the presentation.

E-resources in medical libraries

- ❖ Many medical libraries worldwide go fully or partly digital
- ❖ Supports evidence-based-practice and clinical learning
- ❖ Responsibility to keep updated collections
- ❖ Increased no. of point-of-care tools like mobile apps
- ❖ Increased demand for blended learning support tools

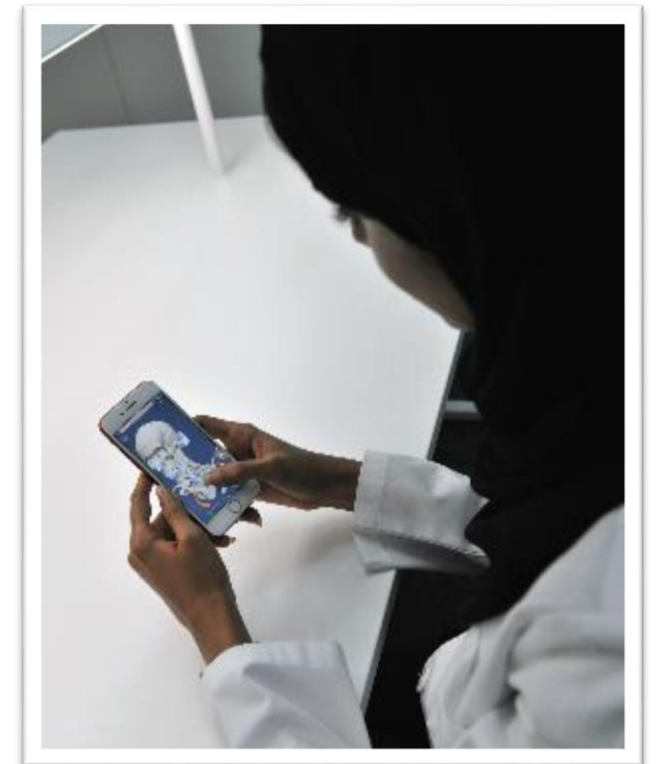


Photo by UAEU photographer

The National Medical Library at UAEU, Al Ain

- ❖ First medical library in UAE
- ❖ Strong focused on e-resources
- ❖ Provides cutting edge medical information resources and learning, teaching and research support tools
- ❖ Mobile apps, blended learning, research and point-of-care resources most popular

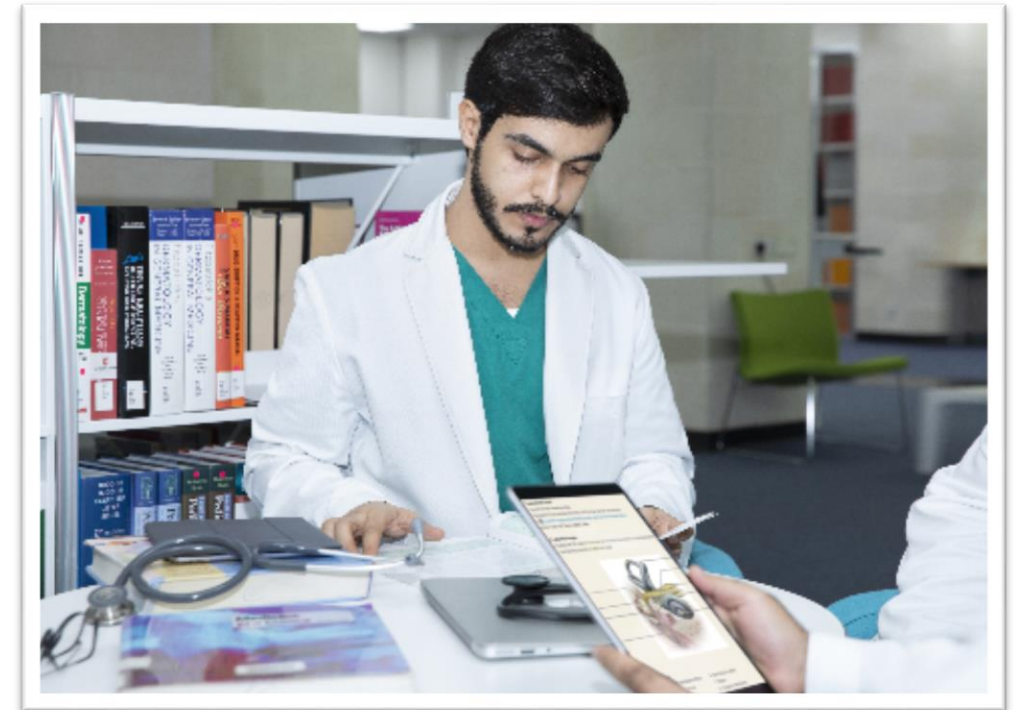


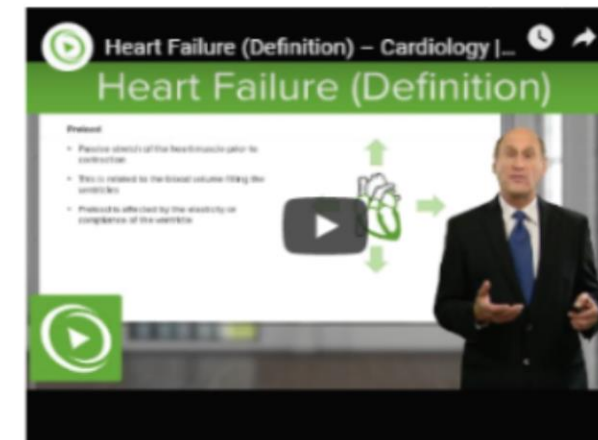
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Medical video lectures and learning platform



Lecturio medical video lectures and interactive learning platform includes over 5500 videos divided on pre- clinical and clinical levels and topics and organ systems. A large, question bank including USMLE and MCAT practicing tools is connected to the videos. Built-in study and learning support functions allows the users to follow their learning progresses.

Information access: get connected to NML's subscription to Lecturio [HERE](#) and register for a personal account with your UAEU e-mail address.



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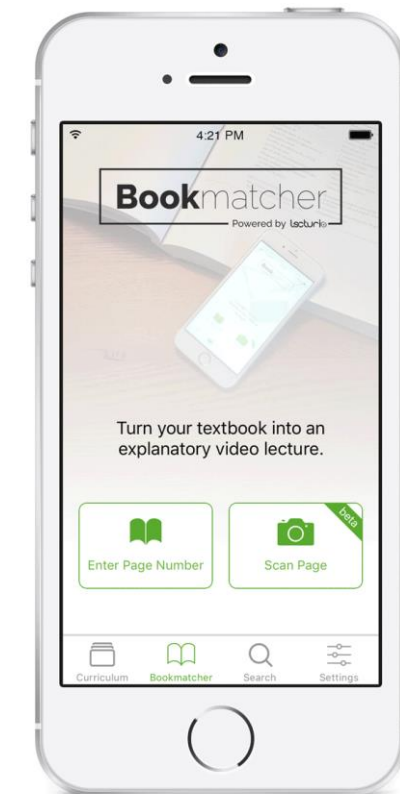
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Images from Lecturio

Medical textbook app for blended learning support



Images from Lecturio



Point-of-care tools/apps for medical education






Image from Shutterstock and VisualDX



VisualDX

VisualDX is a clinical decision support tool designed to help with diagnosing of dermatological, infection, genetic, metabolic, nutritional and occupational diseases. Settings for pediatric or adult diagnosis available. The resource includes more than 140,000 images of visually identifiable diseases, drug reactions, and infections. Basic descriptions of different diagnosis and direct links to UpToDate and PubMed, provides the users with clinical background and support information. A mobile app is available for easy access to VisualDX at the point of care.

Information access: UAEU   

PRIMAL PICTURES



Primal Pictures interactive 3D graphics of the human body includes features such as a 3D Atlas, a 3D Real Time rotating anatomy study tool, Functional Anatomy, Imaging, Therapy, introductions to Clinical Specialties with case studies and much more. A study guide, student quizzes, saving/sharing and notes functions are in addition available for best possible learning support.

Information access: get connected to NML's subscription to the Atlas [HERE](#) and create an account to save personal settings, images and study notes.

Download the apps: free from your app store  



Images from Primal Pictures

The future medical doctors:

- ❖ Will not practice medicine with a textbook in their hand
- ❖ Will work with headsets enabling detailed, 3-D analysis of their patients' anatomy or injuries connected to the latest medical information
- ❖ Will benefit from library access to the latest medical resources during their education

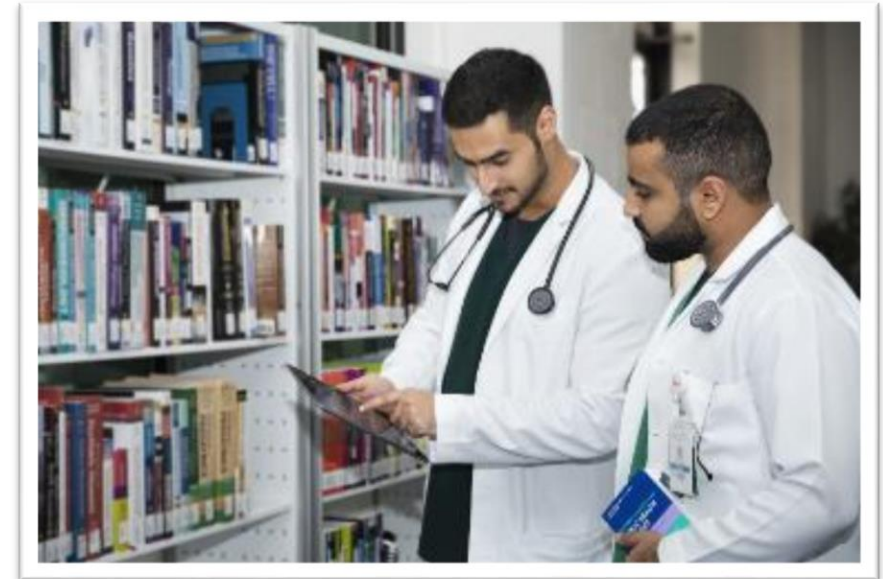


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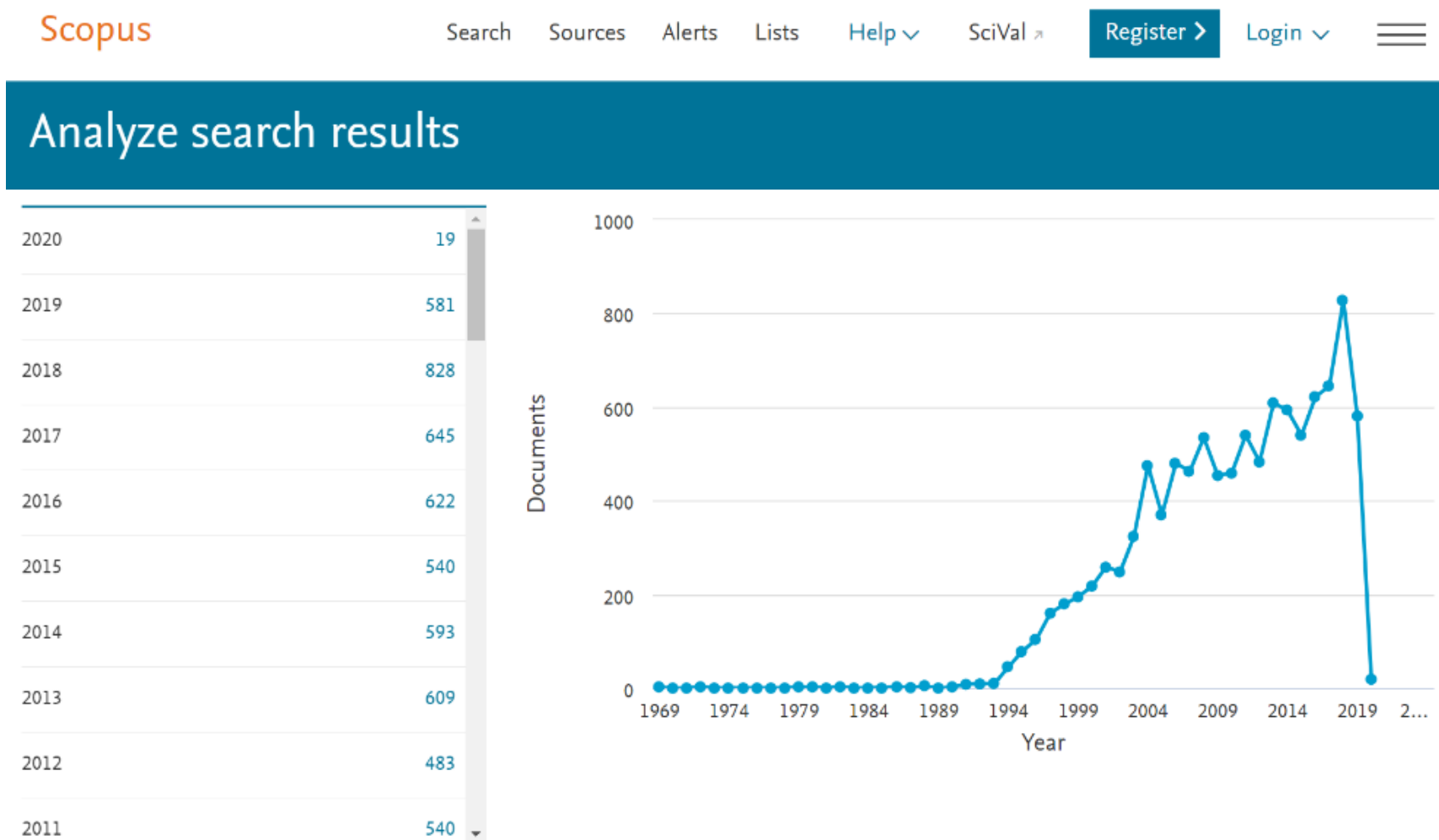
Virtual, augmented and mixed reality in medicine

- ❖ The latest trend and cutting edge development in higher education and medical practice
- ❖ The future of medicine and medical education
- ❖ VR in medicine started in the mid-90s but is still in the developing, implementation and evaluation phase
- ❖ Training and skills needed for VR and AR in clinical practice



Image from Shutterstock

Research trend: VR, MA and AR in medicine



Source: Scopus

Virtual reality for medical science in the UAE

Akre et al. 2018:

- ❖ VR in medicine is a very new area
- ❖ Usage of Medical VR applications is so far minimal in UAE
- ❖ No wider implementation or use by health professionals or students
- ❖ No research about the benefit of VR for health providers or patients in UAE



The basics




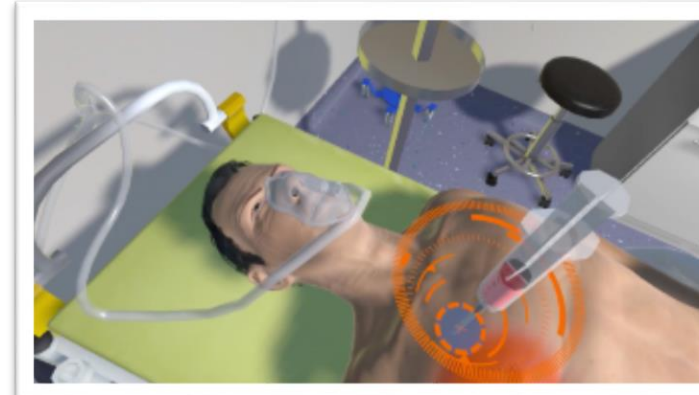
Augmented Reality	Mixed Reality	Virtual Reality
		
<p>✓ Natural surroundings visible</p> <p>⊖ Virtual objects visible</p>	<p>✓ Natural surroundings visible</p> <p>✓ Real-looking virtual objects</p>	<p>✗ Natural surroundings visible</p> <p>✓ Real-looking virtual objects</p>

Illustration from Brigham, 2017

Virtual Reality (VR)

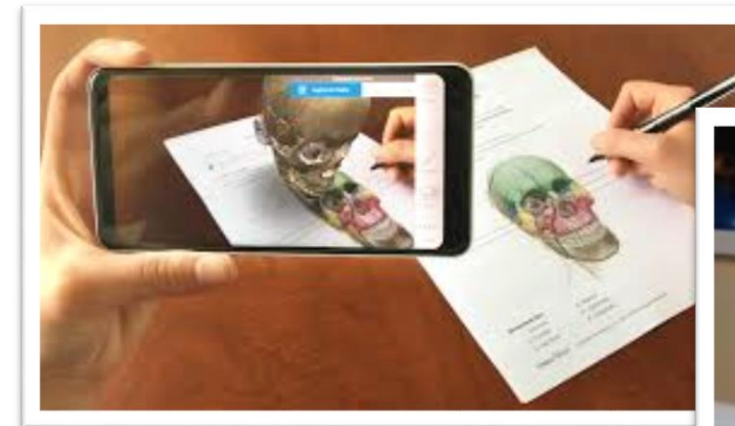
- ❖ Virtual environments with interactive clinical, patient and teamwork scenarios
- ❖ Treatment outcomes are based on VR clinical decisions and actions
- ❖ For training or educational practice
- ❖ Teacher led, team or individual learning



Images from Simforhealth

Augmented Reality

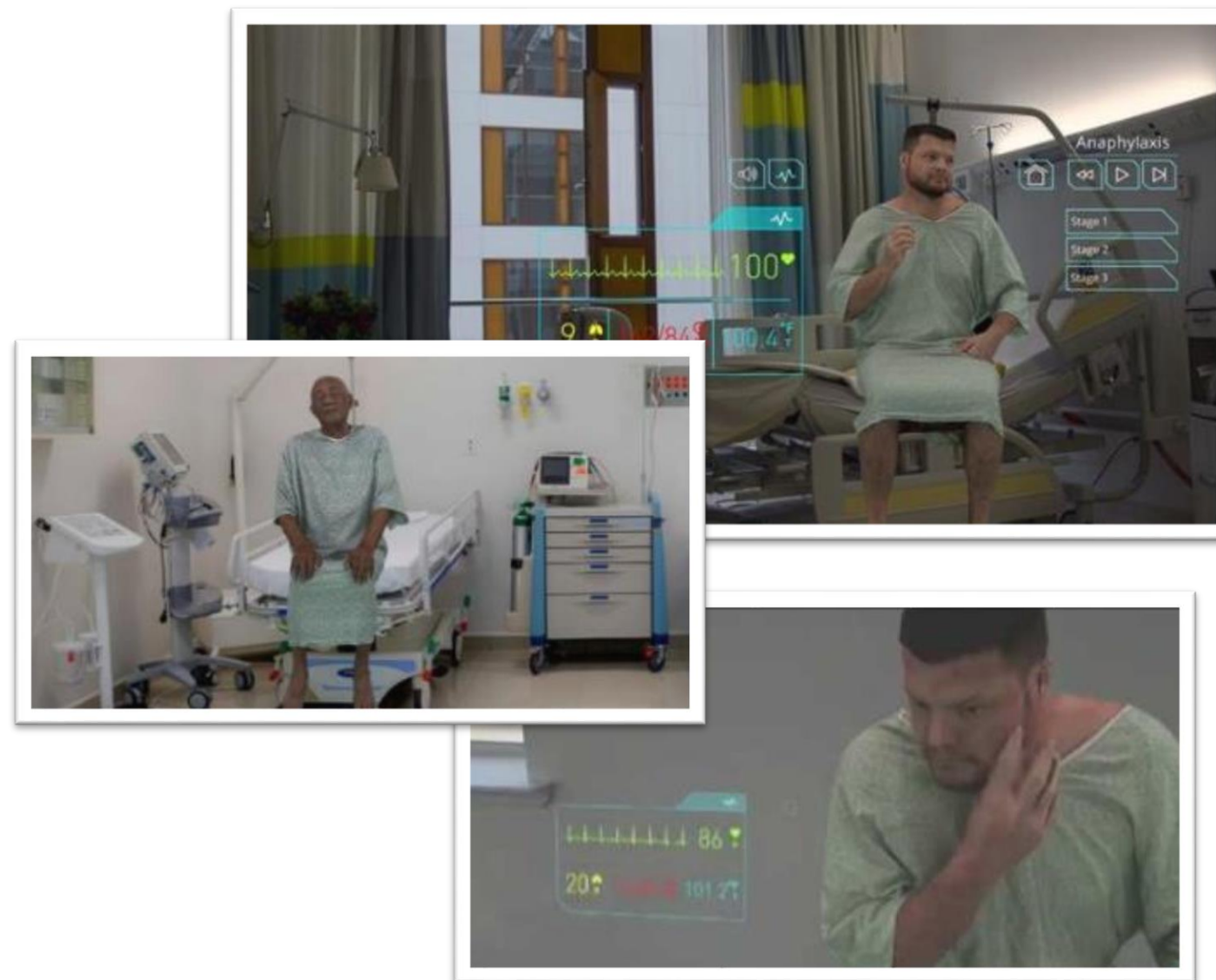
- ❖ Hologram through lenses/screens seen in natural surroundings
- ❖ Brings textbooks and worksheets “alive”
- ❖ Organ/bone exposure on patients
- ❖ For training, education and clinical practice (connected to library resources)



Images from Pearson and Visible Body

Mixed Reality (MR)

- ❖ Hologram exposure of patients/persons in natural surroundings
- ❖ Interactive treatment scenarios
- ❖ Outcomes based on the clinical decisions and actions
- ❖ For training or educational practice
- ❖ Teacher led, team or individual learning



Images from Microsoft HoloLens

A new chapter in medical education



<https://www.youtube.com/watch?v=gzUTT1Kygo4>

Video capture from Case Western Reserve University

VR, MR and AR in Medical Education

- ❖ Early research indicates positive effect on student learning
- ❖ Enhanced clinical and academic performance
- ❖ Teach patient interaction, empathy and teamwork
- ❖ Enhanced learning and teaching engagement
- ❖ Gives student confidence before meeting real patients

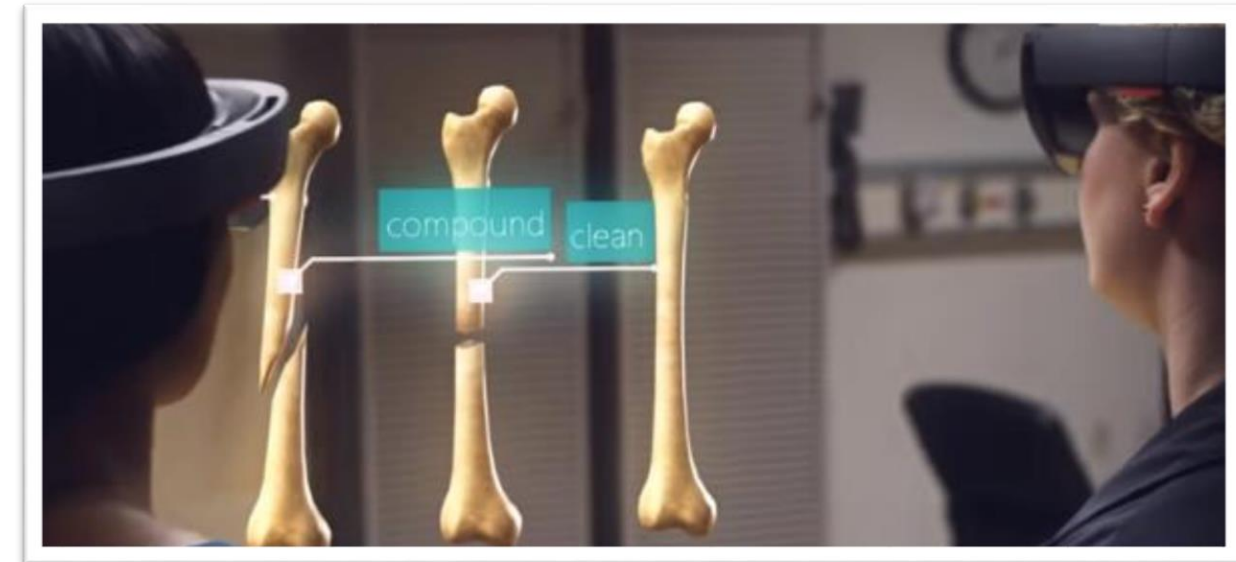
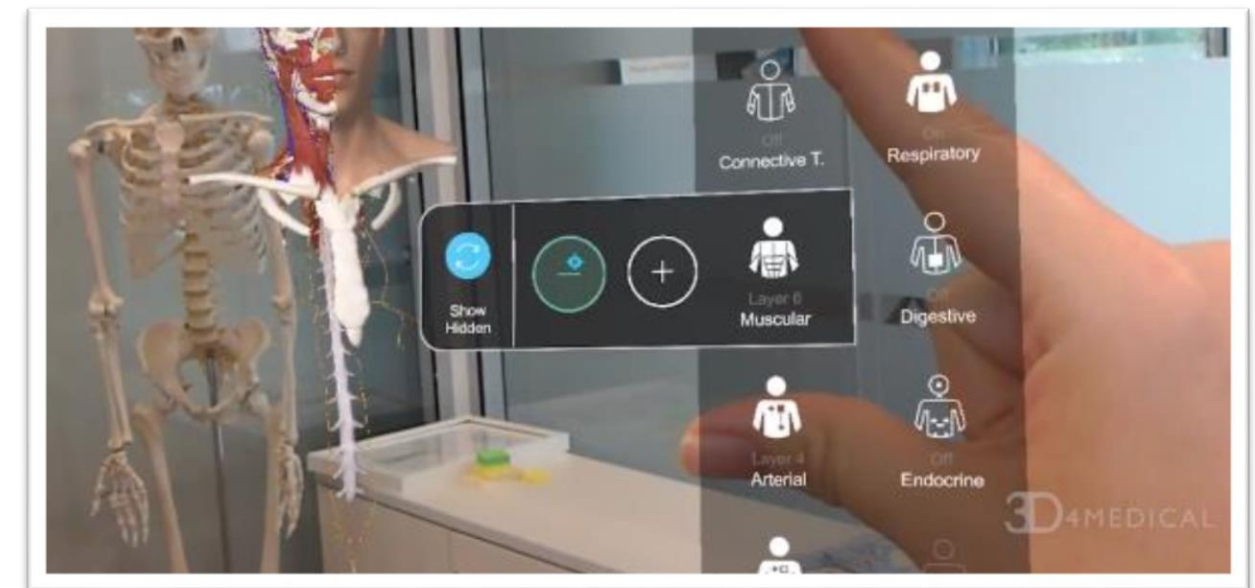
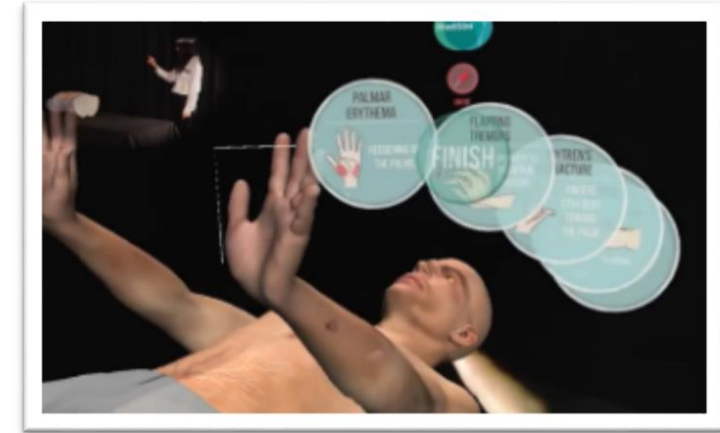


Image from Microsoft HoloLens

Benefits of VR, MR and AR in medical education

- ❖ Safe practicing
- ❖ Realistic experience/feeling
- ❖ Current techniques deliver anatomical details with high accuracy
- ❖ Vitals and test results integrated
- ❖ Resources connected to background information supporting the learners



Images from MediSIM and Microsoft HoloLens

The next generation anatomy and dissection learning



Image from Pearson Immersive

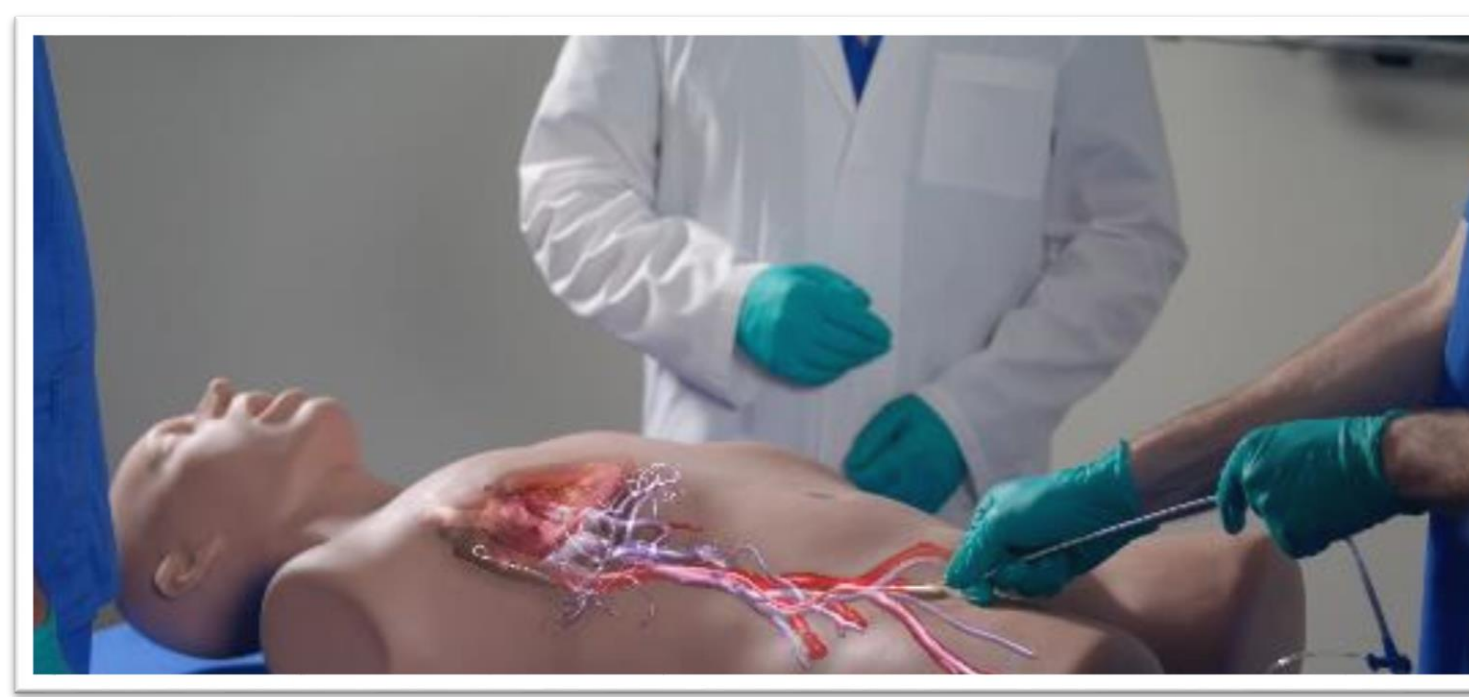
Emergency, trauma and highly stressful situations

- ❖ Case exposure and training outside critical life and death situation
- ❖ Stress and teamwork training
- ❖ High-risk pediatric trauma cases
- ❖ Obstetrics and gynecology experience



Image from BioflightVR

Clinical skills practicing



Images from Airway VR and Microsoft Hololens

VR, MR and AR in clinical settings

- ❖ Reduced complications and patient harm
- ❖ Enhanced surgery and treatment quality outcomes
- ❖ Safety improvement



Image from 2018 IEEE Conference on Virtual Reality and 3D User Interfaces (VR)

Pre-treatment, surgery planning and practicing

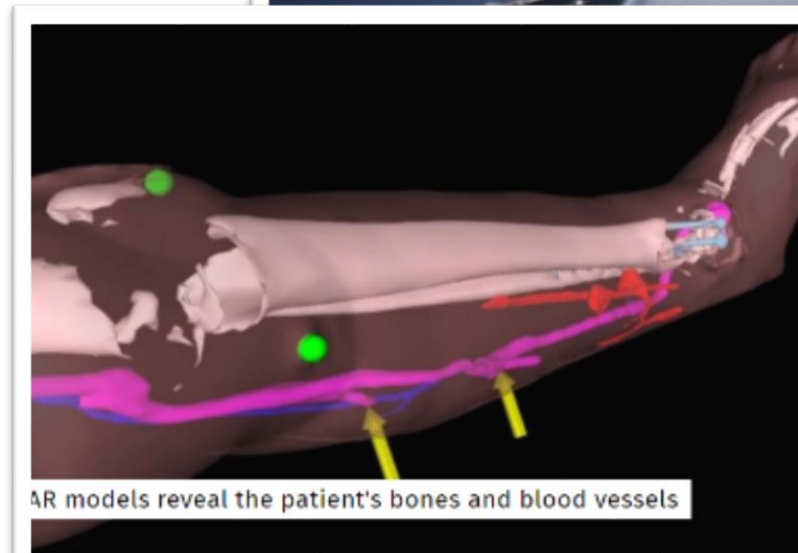
- ❖ Surgery skills and learning practice
- ❖ Analyze the extent of injuries/tumors/aneurysm
- ❖ Can reduce post surgery complications and increase patient's quality of life



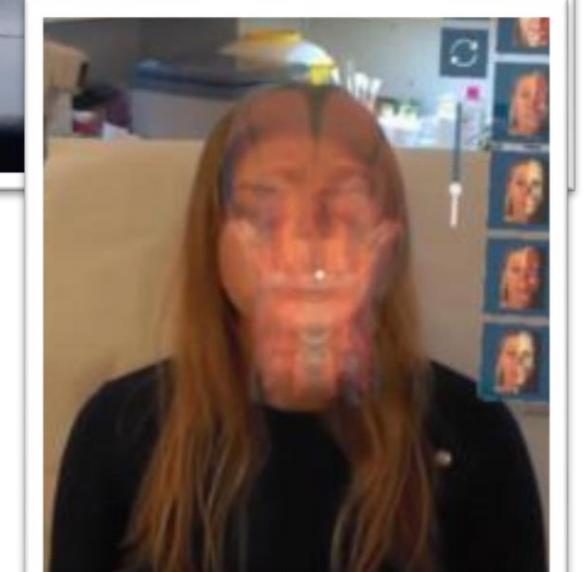
Image from Microsoft HoloLens

During surgery/procedures

- ❖ Augmented reality exposure of the injury
- ❖ Organ/vein/bone holograms



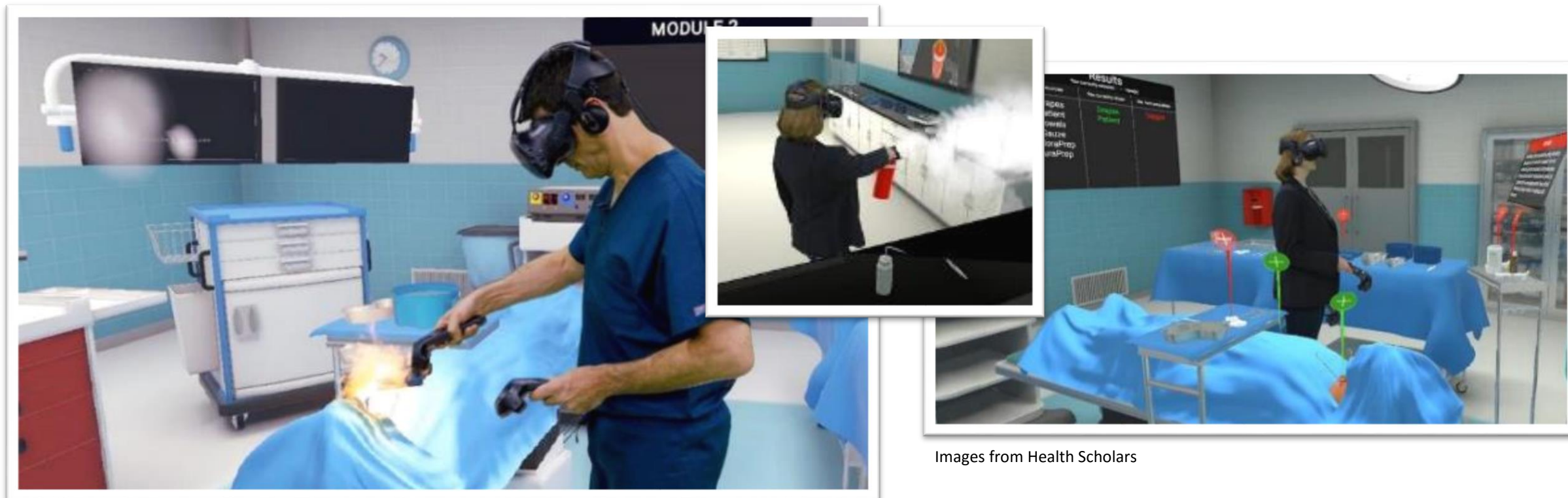
AR models reveal the patient's bones and blood vessels



Images from Microsoft HoloLens and from Pratt et al. 2018

Safety training to prevent medical errors

Example: surgical fires



Images from Health Scholars

Patient education/information

- ❖ Increased communication
- ❖ Increase patient understanding
- ❖ Post or pre information
- ❖ Involving relatives

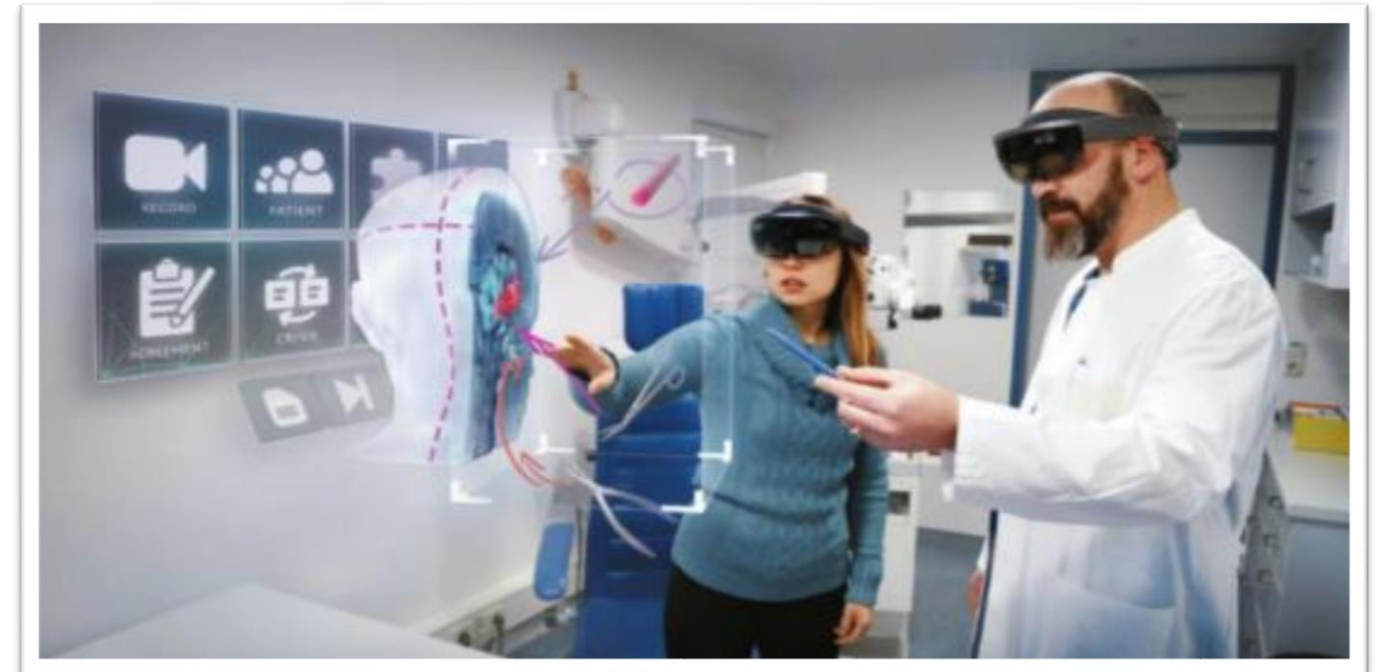


Image from Microsoft HoloLens

Pain and anxiety management

- ❖ Treatment distraction
- ❖ Relaxation before surgery
- ❖ During local anesthesia
- ❖ Pain management
- ❖ Quality of life in elderly



Images by CBC News, Shutterstock and Cedar-Sinai Hospital

Psychiatry and psychotherapy

- ❖ Social and cognitive (ADHD, psychosis, paranoia and anxiety disorders)
- ❖ Depression therapy
- ❖ PTST
- ❖ Phobias
- ❖ Simulation of mental illness for training health care providers
- ❖ Schizophrenia (avatar therapy)



Image from Oxford Cognitive Approaches to Psychosis, University of Oxford

VR, MA and AR in medical libraries

- ❖ Are the next generation teaching and leaning support tools in medical libraries.
- ❖ An increasing number of medical education and training software and affordable devices available
- ❖ Medical libraries have experience and competences to set up trials, acquire, manage and support software and hardware needed
- ❖ Libraries can take the lead in introducing VR, AR and MR at their institutions



Image from Fraser Valley Regional Library



The technology

- ❖ Headsets (hand controls)
- ❖ Software matching the headsets
- ❖ A computer with large storage and graphics capacity
- ❖ Display screen/projection wall for interaction and promotion

Image from More et. al 2018

Developing a VR/MA/AR lab in the library

- ❖ Set up a physical space
- ❖ Furniture to accommodate both group work and case simulations
- ❖ Reference/information support for evidence-based practice
- ❖ Integrity importation



Image from More et. al 2018

VR, MA and AR in medical libraries

- ❖ Libraries are central and easily accessible for all
- ❖ Gives learners the possibility to explore and practice outside class hours
- ❖ Institutional wide implementation can take time and meet resistance
- ❖ Small scale introduction in the library



Image from Microsoft Hololens

VR, MA and AR in medical libraries

- ❖ Introducing VR, AR and MA in medical libraries creates increased user engagement and broaden the library's pedagogic mission
- ❖ Helps profiling libraries as modern, high technology learning hubs
- ❖ Helps with reshaping the image of medical libraries and library collections

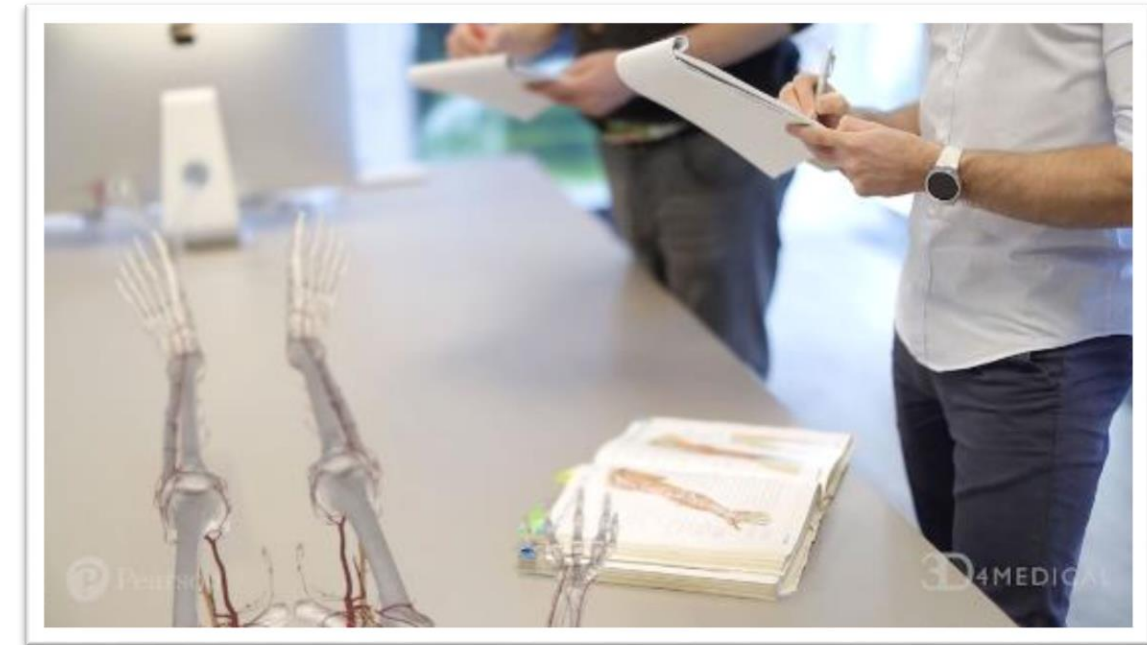


Image from Microsoft HoloLens

The National Medical Library Majlis



Photo by UAEU photographer

Conclusion

- ❖ Medical VR, MA and AR applications are not only trendy gimmicks or games
- ❖ These technologies are the cutting-edge development in higher education and medical practice
- ❖ Medical librarians are well equipped to manage and acquire VR, MA and AR software and devices
- ❖ Introducing VR, MA and AR gives the medical libraries an opportunity to profile themselves as the new generation learning hub
- ❖ VR, MA and AR will change the concept of e-resource management and pedagogic support in medical libraries
- ❖ More research about resource management and benefits of introducing VR, MA and AR applications in medical libraries is needed

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